

GRADE: VII

PERIODS	TIMINGS	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
15 MINS	8:10 am to 8:25 am	ASSEMBLY / WARM UP ACTIVITY				
1	8:25 am to 8:55 am	English 2	Marathi	Math	Computer	French
2	8:55 am to 9:25 am	English 2	Dance	Math	Computer	French
3	9:25 am to 09:55 am	Marathi	Math	History & Civics	Hindi	Hindi
4	9:55 am to 10:25 am	Library	Math	Abacus	Music	Hindi
20 MINS	10:25 am to 10:45 am	BREAK				
5	10:45 am to 11:15 am	Value Education	English 2	Abacus	History & Civics	Chemistry
6	11:15 am to 11:45 am	Art & Craft	English 2	Geography	History & Civics	Chemistry
7	11:45 am to 12:15 pm	Geography	Hindi	Sanskrit	EES	Marathi
8	12:15 pm to 12:45 pm	Geography	Hindi	G.K.	P.E.	Marathi
15 MINS	12:45 pm to 1:00 pm	LUNCH BREAK				
9	1:00 pm to 1:30 pm	Math	Biology	Lakshya Lab	Physics	Math
10	1:30 pm to 2:00 pm	Math	Biology	EES	Physics	Math
10 MINS	2:00 pm to 2:10 pm	CLOSING				

1) EES – Essential English Skill